

The Manifesto of Non-Hostile Communication

TEN THINGS THAT PARENTS AND TEACHERS CAN
EXPLAIN TO EVEN THE YOUNGEST OF CHILDREN



1. Virtual is real

THE INTERNET IS NOT A GAME. ALTHOUGH A DIFFERENT PLACE, IT IS REAL. THE INTERNET IS ALSO MADE UP OF THE GOOD AND THE BAD: YOU MUST BE CAREFUL!

2. You are what you communicate

YOU MUST BE KIND. THERE ARE PEOPLE LIKE OURSELVES BEHIND THE PHOTOS. IF YOU SAY UNKIND THINGS, THEY WILL BE SAD, OR REGARD YOU AS BAD.

3. Words shape the way I think

YOU MUST THINK BEFORE SPEAKING: COUNT UP TO TEN! THIS WAY YOU CAN FIND THE CORRECT WORDS TO SAY WHAT YOU WOULD LIKE TO SAY.

4. Listen before you speak

NOBODY IS RIGHT ALL THE TIME. LEARNING AND LISTENING IS GOOD AS YOU UNDERSTAND THE THOUGHTS OF OTHERS AND YOU MAKE FRIENDS.

5. Words are bridges

SOME WORDS CAN MAKE YOU LAUGH AND MAKE YOU FEEL GOOD, JUST LIKE A CUDDLE OR EMBRACE. EMBRACING USING WORDS IS GREAT



6. Words have consequences

HORRIBLE WORDS SCAR AND HURT. IF YOU HURT SOMEONE USING WORDS, THEY WILL NO LONGER BE YOUR FRIEND. THE MORE NICE WORDS, THE MORE FRIENDS!

7. Sharing is caring

THE INTERNET IS LIKE A FOREST: IT IS BETTER TO BE ACCOMPANIED BY AN ADULT. YOU NEVER TELL STRANGERS YOUR NAME, AGE OR ADDRESS.

8. Ideas can be discussed. People must be respected

SOMETIMES WE MAY NOT AGREE: IT IS NORMAL. IT IS HOWEVER NOT NORMAL TO SAY HORRIBLE WORDS TO A FRIEND IF THEY HAVE A DIFFERENT OPINION.

9. An insult is not an argument

OFFENDING SOMEONE IS NOT FUN. YOU MAKE THE OTHER PERSON SAD AND ANGRY. NOW THAT YOU ARE GROWN UP AND ARE ABLE TO SPEAK, THERE IS NO NEED TO SHOUT.

10. Silence says something too

SOMETIMES IT IS RIGHT TO SAY NOTHING. WHEN YOU DO NOT KNOW WHAT TO SAY, SAY NOTHING! YOU WILL FIND THE RIGHT TIME TO SAY THE RIGHT THING.